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A Histochemical Comparative Study on Four Different Types of Lectins and Carcinoembryonic Antigen (CEA) on Human Colorectal Tissues

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Key words : colon and rectum, neoplastic lesion, adjacent non-neoplastic mucosa, UEA-1 and CEA.

Abstract

To evaluate the specificity and efficacy of lectin histochemical staining characteristics on human colorectal neoplastic and adjacent non-neoplastic tissue, a thorough comparative study has been performed to that of a recognized colorectal tumor marker, carcinoembryonic antigen (CEA). Neoplastic tissue and adjacent non-neoplastic mucosa of 26 surgically extirpated specimens were examined lectin histochemically by four different lectins (*Ulex europaeus*-I, *Arachis hypogaea*, *Triticum vulgare* and *Canavalia ensiformis*) and immunohistochemically by anti CEA antibody. According to their degree of staining all the four lectins (UEA-I moderate 57.69%, extensive 39.42%; PNA moderate 60.57% extensive 5.76%; WGA moderate 76.92% extensive 1.92% and Con-A moderate 48.07%, extensive 51.29%) and CEA (moderate 66.34%, extensive 22.11%) showed very high percentages of positive staining for neoplastic tissues but almost reciprocal results were observed by UEA-I (moderate 7.69%, extensive 0%) and partially by PNA lectin (moderate 15.38%, extensive 0%) for non-neoplastic mu-

cosa ($P < 0.01$). While CEA (moderate 50%, extensive 19.23%) and the other two lectins did not show much differences in their staining percentages for non-neoplastic mucosa ($P > 0.05$). Further study regarding their staining pattern revealed that for neoplastic tissues UEA-I mainly stained the cytoplasmic (without polarity) (60.58%) or the stromal (28.85%) types but in case of non-neoplastic mucosa the cytoplasmic (with polarity) (57.15%) or the apical (35.71%) types predominated. No such distinct staining patterns were observed for CEA and the other lectins. From our study it is strongly suggestive that UEA-I lectin is by far more specific and localized for the malignant transformation of colorectal tissues with compared to that of carcinoembryonic antigen, CEA.

Introduction

In recent years, the detection of histochemical alterations in gastrointestinal mucins has aroused considerable interest, these changes may be potentially useful tools in the recognition of early neoplastic changes. The transitional mucosa adjacent to colorectal carcinomata

has shown an abnormal mucin pattern that was characterized by a significant increase in sialomucins, accompanied by a marked decrease in sulfomucins. These findings are in contrast to normal colorectal mucosa, in which sulfomucins predominate.

More recently, numerous studies using different lectins have been done on colorectal carcinomata, adenomata and hyperplastic polyps^{1,15)}. These studies have shown that gorse seed agglutinin (UEA-1) and peanut agglutinin (PNA) mostly bind to carcinomatous and transitional mucosa, but not to normal colonic glands. Other lectins have not shown a similar ability to distinguish between malignant and normal colorectal mucosa. They have reported that UEA-1 and PNA may be a reliable indicator of colorectal malignant transformation^{2,4,5,7,9,15)}. But no comparative studies have been done to evaluate their efficacy and specificity with respect to a standard colorectal tumor marker¹⁶⁾. With this aim we selected four most common lectins of different carbohydrate specificity¹⁷⁾ and carcinoembryonic antigen (CEA) as a common denominator to compare the lectin histochemical findings on both human colorectal neoplastic and adjacent non-neoplastic tissues. Both qualitative and quantitative differentiations were statistically evaluated. Also literature concerning lectin histochemistry were discussed explaining the obtained results.

Materials and Methods

Twenty-six surgically extirpated colorectal carcinomata tissues were involved in this study. Their regional distribution, degree of differentiation¹⁸⁾, Duke's¹⁹⁾ and histological staging²⁰⁾ were summarized in table 1. Five sections were taken from each case, four from tumor site (O, oral side of the tumor; T, topmost part of the tumor; B, bottommost part of the tumor and A, anal side of the tumor) and one

(N) from the normal mucosa 10cms from the oral side of the tumor (figure 1).

For lectin histochemical staining a little modified avidin-biotin-complex (ABC) method and for CEA immunohistochemical staining peroxidase-antiperoxidase (PAP) method were performed^{21,22)}.

Tissues were fixed in 10% formalin and processed routinely for paraffin embedding. Serial 4 micro meter sections were cut and one section from each block was stained with hematoxylin and eosin for routine histopathological studies.

a) Lectin histochemical staining (ABC method)

Adjacent serial sections were deparaffinized in zylol, hydrated through graded alcohols and washed in phosphate buffered saline (PBS) pH 7. 2. Endogenous peroxidases were inhibited by treating with 0. 3% H₂O₂ for 5 minutes. Sections were incubated in biotiated lectin (1 : 100) (E. Y. Labs. INC, SanMateo, Cal) for 12 hours at 4°C in a moist chamber, which was diluted in 1% bovine serum albumin (PBS- 1%BSA-NaCl) . The sections were then washed three times in PBS (five minutes each wash) and further incubated with avidin (10micro gm/ml)-peroxidase for 30 minutes at room temperature in a moist chamber. Again three times after (five minutes each wash) washing with PBS peroxidase activity was shown by treating with 3.3 'diaminobenzidine tetrahydrochloride (DBA) for about 2 minutes. The sections were then washed, the nuclei were counter stained lightly with haematoxylin, dehydrated and mounted. Four lectins were used in this study : Ulex europaeus-I (UEA-I), Arachis hypogaea (PNA), Triticum vulgare (WGA) and Canavalia ensiformis (Con-A) from E. Y. Labs. INC. (san Mateo, Cal) . Parallel experiments, in which lectin binding was inhibited by pre-incubation of each lectin with its appropriate binding sugar, confirmed the specificity of lectin binding (Table 2).

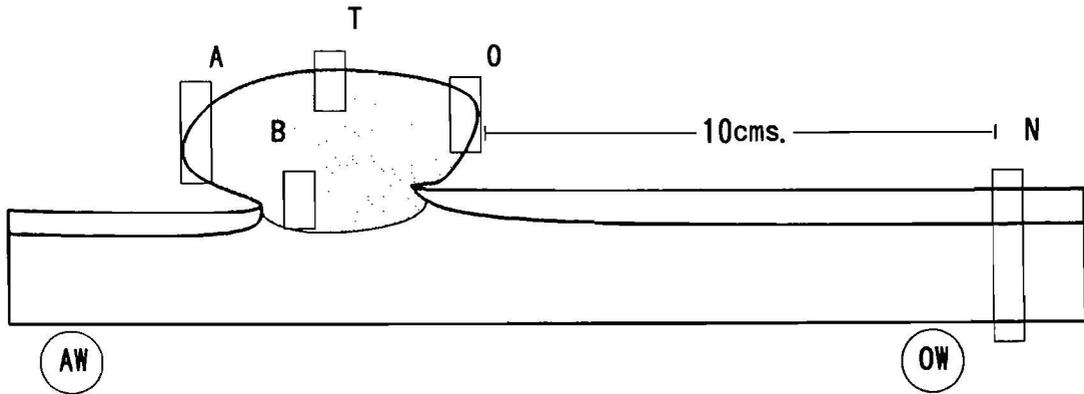


Figure 1. Schematic diagram of resected colon tissue showing the different sites of tissue sampling. N= adjacent non-neoplastic colonic mucosa (10 cms from tumor margin), O =oral side of the tumor, T = topmost part of the tumor, B = bottommost part of the tumor and A = anal side of the tumor.

Table 1. Summary of cases studied according to their regional distribution, Dukes and histological staging.

		No. of Cases
A. Site of Lesion: Proximal Colon (n=13)	Caecum	5
	Ascending Colon	6
	Transverse Colon	2
Distal Colon (n=13)	Descending Colon	1
	Sigmoid Colon	5
	Rectum	7
B. Tumor Differentiation: (n=26)	Well-differentiated	5
	Moderately-differentiated	18
	Poorly-differentiated	3
C. Dukes Staging: (n=26)	Duke A	3
	Duke B	5
	Duke C	10
	Duke D	8
D. Histological Staging: (n=26)	Stage I	2
	Stage II	6
	Stage III	4
	Stage IV	6
	Stage V	8

b) CEA immunohistochemical staining (PAP method)

As described above, the sections were treated with 0.3% H₂O₂ and nonimmunized normal goat serum (1 : 20) for 30 minutes in room temperature to inhibit nonspecific reactions. After washing with PBS they were incubated with rabbit-antihuman-CEA-antibody (Dako Co. Denmark) at a concentration of 1:250 for 2 hours at 4°C in a moist chamber as the primary anti-

body. They were then treated with goat-antirabbit immunoglobulin antibody (1:50) for 30 minutes at room temperature in a moist chamber and followed by PAP (rabbit peroxidase-anti-peroxidase) solution (1:100) for 30 minutes at room temperature in a moist chamber. Finally, the sections were treated with 0.05% DAB in 0.05 M Tris-HCl buffer, pH 7.2 containing 0.01% H₂O₂ counter stained with hematoxylin and mounted. All the slides were observed at a magnification of 100 times and were analysed i) quantitatively : according to their degree of staining as follows : no cells were positively stained (– or negative); less than 25% cells were positively stained (± or mild); 25-50% cells were positively stained (+ or moderate) and more than 50% cells were positively stained (++ or extensive)(figure 2).ii) qualitatively: according to Hamada’s criteria²³⁾ of localization of staining as follows: staining restricted to the apical border of the cell (apical type); staining restricted to the cytoplasmic region with polarity (supranuclear with polarity, SWP type); staining restricted to the cytoplasmic region without polarity (supranuclear without polarity, SWOP type) and staining observed all over the cytoplasmic area including the

Table 2. Lectins used with their source and appropriate carbohydrate specificity.

Name	Abbreviation	Source	Specificity
1. <i>Ulex europaeus</i> agglutinin	UEA-1	Gorse seed	alpha-L-fucose
2. <i>Arachis hypogaea</i> agglutinin	PNA	Peanut	D-Gal-B (1-3) GalNAc
3. <i>Triticum vulgare</i> agglutinin	WGA	Wheat germ	NeuNAc GluNAc
4. <i>Canavalia ensiformis</i> agglutinin	Con-A	Jack bean	alpha-D-Man alpha-D-Glc

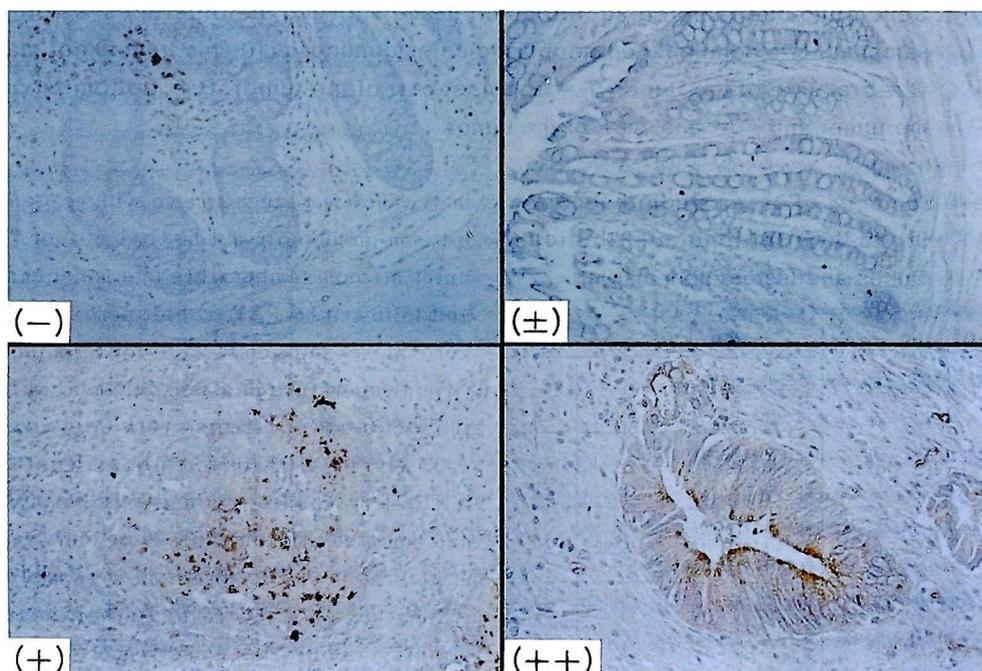


Figure 2. Quantitative analysis of staining according to degree of staining: (-) or negative (Top left), (±) or mild (Top right), (+) or moderate (Bottom left) and (++) or extensive (Bottom right). ABC stain x100.

stromal site (stromal type) (figure 3).

All statistical deductions were performed by paired two tailed t-test.

Results

The results of degree of staining for both neoplastic and adjacent non-neoplastic tissues are summarized in table 3. The results for four

different tumor sites did not show any recommendable differences in their staining characteristics for all the lectins and CEA, therefore a combined mean result was made for better understanding. UEA-1 (moderate 57.69%, extensive 39.42%), Con-A (moderate 48.07%, extensive 51.92%) and CEA (moderate 66.34%, extensive 22.11%) showed higher percentages of positive staining for neoplastic tissues but PNA

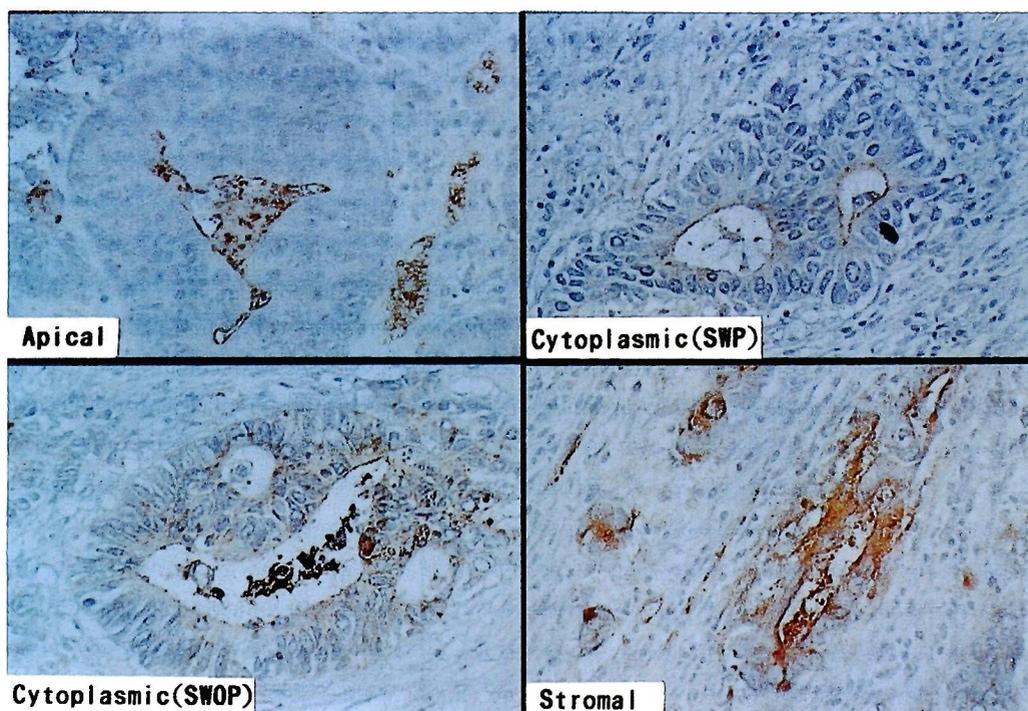


Figure 3. Qualitative analysis of staining according to localization of staining: Apical (Top left), Cytoplasmic with polarity (SWP) (Top right), Cytoplasmic with out polarity (SWOP) (Bottom left) and Stromal (Bottom right). ABC stain x100.

Tabl 3. Data of non-neoplastic mucosa (n= 26) and neoplastic lesion (n=104) for the degree of staining

		- Negative	± Mild	+ Moderate	++ Extensive
U E A	Non-neoplastic mucosa	12 (46.15)	12 (46.15)	2 (7.69)	0
	Neoplastic lesion	0	3 (2.88)	60 (57.69)	41 (39.42)
P N A	Non-neoplastic mucosa	14 (53.84)	7 (26.92)	4 (15.38)	0
	Neoplastic lesion	9 (8.65)	26 (25.00)	63 (60.57)	6 (5.76)
W G A	Non-neoplastic mucosa	4 (15.38)	7 (26.92)	13 (50.00)	2 (7.69)
	Neoplastic lesion	0	22 (21.15)	80 (76.92)	2 (1.92)
C o n i A	Non-neoplastic mucosa	0	3 (11.53)	17 (65.38)	6 (23.07)
	Neoplastic lesion	0	0	50 (48.07)	54 (51.92)
C E A	Non-neoplastic mucosa	0	8 (30.76)	13 (50.00)	5 (19.23)
	Neoplastic lesion	0	12 (11.53)	69 (66.34)	23 (22.11)

Percentages are given in parenthesis.

(mild 25%, moderate 60.57%) and WGA (mild 21.15%, moderate 76.92%) did not show much extensive positive staining. For adjacent non-neoplastic mucosa only UEA-1 (46.15%) and PNA (53.84%) showed higher percentage of negative staining. WGA (mild 26.92%, moderate 50%), Con-A (moderate 65.38%, extensive 23.07%) and CEA (mild 30.76%, moderate 50%) showed higher percentage of positive staining for non-neoplastic mucosa also. Figure 4. shows the comparative graphic representation of UEA-1 ($P < 0.01$, $t = 13.9358$), PNA ($P < 0.01$, $t = 5.04767$) and CEA ($P > 0.05$, $t = 0.933353$) for neoplastic and adjacent non-neoplastic lesions. It is to be noted that only for UEA-1 lectin almost reverse type of graphic presentation for neoplastic and adjacent non-neoplastic lesions

were evident, which was statistically highly significant. No such distinct differentiations were evident for PNA or CEA.

The regional differentiation of staining for non-neoplastic mucosa for UEA-1 was very distinctly evident (Table 4). Out of 13 cases of proximal colon 11 cases were mildly and 2 cases were moderately positive. But in case of distal colon only 1 case was mildly positive ($P < 0.01$), the rest were all negative. No such regionality of staining was observed for the other lectins or CEA.

($= 7.40126$), the neoplastic sites did not show much difference in their degree of staining (Figure 5).

According to Hamada's criteria²³⁾ for the localization of staining it was evident that for neoplastic lesions UEA-1 predominantly stained the SWOP type (60.57%) and the stromal type (28.84%). On the contrary for adjacent non-neoplastic mucosa SWP type (57.15%) and the apical type (35.71%) predominated (Table 5). For PNA lectin the cytoplasmic types predominated for both the types of lesions. Diffuse

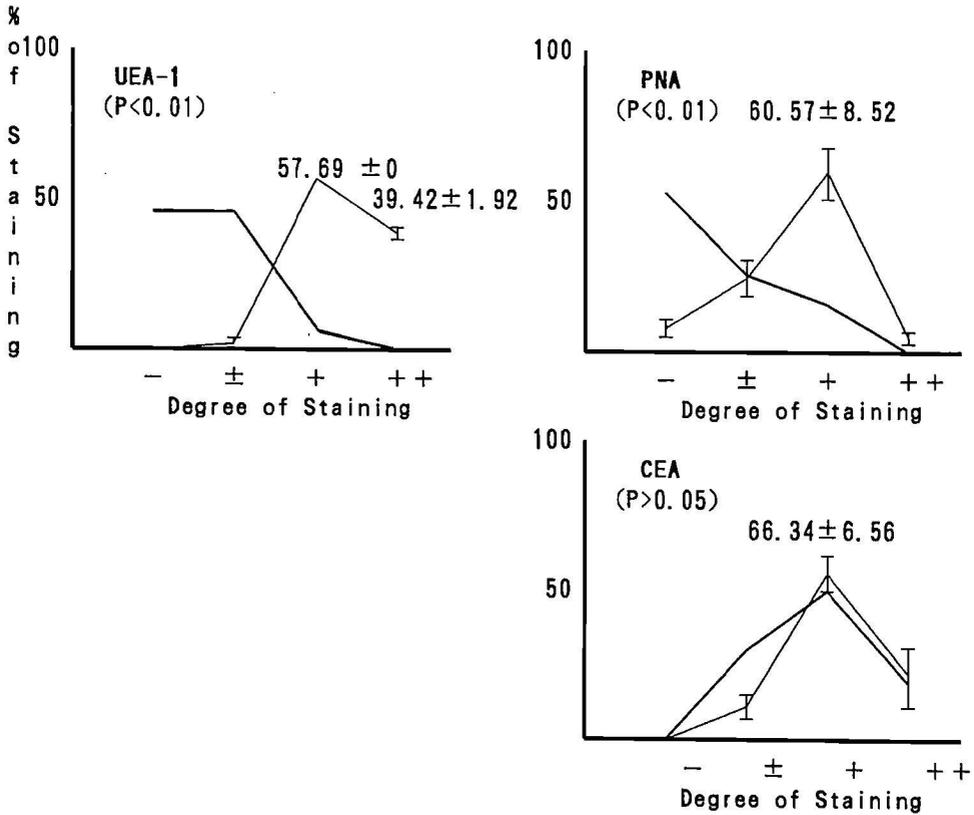


Figure 4. Comparative graphic representation of neoplastic tissue and adjacent non-neoplastic mucosa according to their degree of staining for UEA-1, PNA and CEA. (Thick line: non-neoplastic mucosa and thin line: neoplastic lesion). (Mean ± SD).

Site wise comparison of staining between UEA-1 and CEA revealed that the main difference in degree of staining lays in case of the adjacent non-neoplastic mucosal sites ($P < 0.01$, t

cytoplasmic type of stainings were observed for Con-A lectin. As for WGA and CEA no specific type of staining pattern were observed, but WGA showed excessive background staining.

Table 4. Regional differentiation of UEA-1 lectin for non-neoplastic mucosa.

	- Negative	± Mild	+ Moderate	++ Extensive
Proximal Colon (n=13)	0	11 (84.61)	2 (15.38)	0
Distal Colon (n=13)	12 (92.30)	1 (7.69)	0	0

Percentages are given in parenthesis.

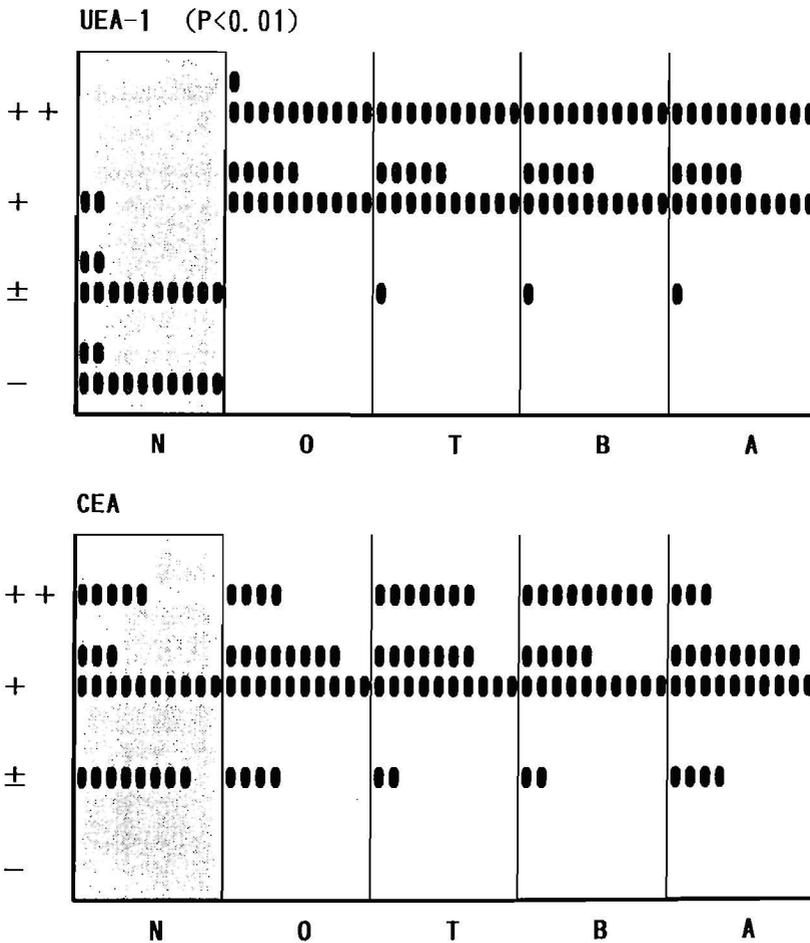


Figure 5. Comparison of UEA-1 and CEA staining according to site of lesions.

Except for UEA-1 no particular staining pattern was evident for the other lectins or CEA but it was quite distinctly observed that for all the

lectins and CEA the SWOP and the stromal type predominated for the neoplastic lesions.

Table 5. Data of non-neoplastic mucosa and neoplastic lesion for the localization of staining.

		Cytoplasmic			STROMAL
		APICAL	SWP	SWOP	
U E A 1	Normal (n=14)	5 (35.71)	8 (57.15)	1 (7.14)	0
	Carcinoma (n=104)	0	11 (10.57)	63 (60.58)	30 (28.85)
P N A	Normal (n=12)	0	11 (91.67)	1 (8.33)	0
	Carcinoma (n=95)	16 (16.84)	56 (58.95)	18 (18.95)	5 (5.26)
W G A	Normal (n=22)	0	6 (27.27)	15 (68.18)	1 (4.55)
	Carcinoma (n=104)	0	0	10 (9.62)	94 (90.38)
C O N A	Normal (n=26)	0	4 (15.38)	12 (46.16)	10 (38.46)
	Carcinoma (n=104)	0	2 (1.93)	32 (30.77)	70 (67.30)
C E A	Normal (n=26)	4 (15.38)	8 (30.76)	14 (53.84)	0
	Carcinoma (n=104)	7 (6.73)	17 (16.34)	59 (56.73)	21 (20.19)

Percentages are given in parenthesis.

Discussion

We have performed a comparative study both quantitatively and qualitatively for neoplastic and their adjacent non-neoplastic tissues between four different types of lectins and CEA to evaluate the specificity and efficacy of lectin histochemical staining on human colorectal tissue. Various reports are available regarding on human colorectal tissue. Various reports are available regarding certain lectins and its role in human colorectal malignant transformation^{2,3,6,7,11-16,24-30} but no definite comparative studies are done comparing the lectin histochemical staining with that of standard colorectal tumor marker.

It is evident that lectins are glycoproteins in nature found both in plants and animals that bind to specific carbohydrate moieties³¹. Therefore, we selected four different types of lectins from four different groups of carbohydrate specificities¹⁷. There has been various types of opinion regarding the non-neoplastic mucosa adjacent to the tumor. Filipe in 1969 for the first time named this adjacent mucosa as the transitional mucosa³². It has been reported that the histologically normal mucosa adjacent to carcinoma of the large intestine is often histochemically abnormal³³⁻³⁵. This transitional mucosa is characterized by an increase of sialomucins, usually accompanied by a decrease or absence of sulphomucins of the large intestine^{27,36}. The extent of this abnormal transitional mucosa

varies from 3.4 to 19.5 cm from the tumor edge³⁷⁾. Some authors described this transitional mucosa morphologically and histochemically abnormal and suggestive of primary or an early feature of malignant transformation or a non-specific cellular response to an unknown stimuli^{35,36,38,39)}. But others concluded from their studies that the features of transitional mucosa as a secondary effect of the tumor itself can not be excluded^{11,23,27,40,41)}. Confirmatory evidence is, however lacking and the significance of these proclamations still remains speculative. From our study we found that UEA-1 lectin to be extremely non-reactive to this adjacent non-neoplastic mucosa, which was suggestive of that this adjacent non-neoplastic mucosa not to be a site of primary or an early feature of malignant transformation. When a malignant transformation occurs in a cell, it starts to proliferate and increase in size, during this procedure biochemical changes also occurs within these malignant cells. The cells adjacent to this neoplastic tissue may be influenced biochemically by the process of diffusion or by any other unknown process. Therefore we are of this opinion that the histochemically abnormal mucosa adjacent to the neoplastic tissue is not a feature of early malignant transformation. The UEA-1 lectin staining was supportive to this hypothesis and observed to be a very localized indicator of neoplastic and non-neoplastic tissue.

The regional differentiation of UEA-1 lectin for normal proximal and distal colonic mucosa has been reported^{4,14,30)}. Terminal positions on the oligosaccharide side chains are generally occupied by silic acid or fucose. These two sugars compete with each other for occupation of the terminal position. As UEA-1 is specific to a terminal fucosyl residue, the lack of UEA-1 binding with distal colonic mucosa may be related to the absence or low fucose content in the distal colonic region¹³⁾. The results of our study confirms these reports and there by

further reconfirms that the adjacent non-neoplastic mucosa does not possess any potential malignant characteristics.

It is further suggested of that neoplastic glycoprotein with alpha-l-fucosyl residue is produced or the terminal carbohydrate structure of glycoprotein present in the non-neoplastic mucosa is altered to bind freely with UEA-1 after the neoplastic transformation occurs³¹⁾. As for the neoplastic tissues our result reflected with that of various other authors^{5,26)}. Various authors is of the same opinion that CEA is a normal glycoprotein constituent of the epithelial cells of the normal human colorectal mucosa^{24,26,42,44)}, and the difference between the neoplastic tissues and the non-neoplastic mucosa is actually only quantitative, not qualitative^{23,45,46)}. Some are of the opinion that the demonstration of CEA is a reliable indicator of malignant change in colonic mucosa⁴⁷⁾. Our findings were direct contradictory to theirs. In our study UEA-1 lectin was competitive to CEA for neoplastic tissues but for adjacent non-neoplastic mucosa CEA showed very nonspecific results and proved to be a poor indicator of non-neoplastic tissues. By paired two tailed t-test UEA-1 showed highly significant results for adjacent non-neoplastic mucosa to that of CEA.

As for the localization of staining UEA-1 exhibited quite significant staining pattern. On the other hand CEA did not show any definite type of staining pattern for neoplastic and non-neoplastic tissue. The prominent cytoplasmic staining of the lectins observed in this study may explain the presence of glycoproteins with different sugar residues in the Golgi apparatus. It is at this site that a variety of sugars are added on to the oligosaccharide side chain of the protein core^{48,49)}. Ultrastructural visualization of peanut lectin (PNA) conjugate in the golgi cisternae has been demonstrated²⁸⁾. The enhanced and diffuse cytoplasmic staining of neoplastic tissue by most of the lectins might be attribut-

able to the disorganized and dispersed nature of the organelles responsible for biosynthesis of glycoproteins within the cytoplasm¹²⁾. The internal GlcNAc residues are typical components of hyaluronic acid, which explains for the intense binding of WEA lectin to the connective tissue stroma¹⁶⁾. Mannose is present in cell membranes and is especially abundant in serum glycoproteins, probably explains the extensive cytoplasmic staining pattern of Con-A lectin⁴⁾.

It is therefore appears that the glycoprotein modifications of all lectins associated with neoplastic transformations are not always a specific indicator of the potential state of the colorectal mucosa. But from our study it was evident that UEA-1 lectin was much more localized, specific and reliable for the malignant transformation of the colonic tissue in comparison to the carcinoembryonic antigen, CEA. Finally the potential usefulness of UEA-1 lectin expression and its clinical representation as a predictive indicator of biological behavior of adenocarcinoma of the large bowel needs further study.

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